

1. When Paul was first offered drugs he refused, what would you do in a similar situation?
  - What factors played into Paul first denying drugs to him finally accepting them?
2. Who was helpful and who was harmful? Why?
3. What are some signs that, if identified, could have prevented Paul's downward spiral after the sports injury to misusing prescription drugs and using illegal drugs?
4. Who else does Paul's drug use effect, and how does it effect them?
5. Why is it important to intervene even if a loved one doesn't want help?
6. Were his friends aware of what he was doing?
  - If you are a friend of someone who may be misusing drugs, what are some signs that point to the misuse?
  - What can you do to help the friend who is misusing?
  - What if the friend doesn't want help?
7. What made Paul open the door at the end of the film?
  - Why is that important?
  - If you believe you don't have the same positive influences as Paul, who/where can you go for help?
  - If he didn't have positive influences / support in his life, where do you think his use would have lead to?
8. How did depression play a role in the first steps towards misuse?
  - How did the drugs effect his overall mood?
  - Did misusing the drugs seem to help?
  - What are the consequences of misusing the drugs?
9. Do you think it is easier or harder for teenagers dealing with depression to get hooked on an illegal substance than a teenager not dealing with depression?
  - If someone intervened when Paul first started showing signs of depression, do you think he would have started misusing in the first place?
10. How does this movie portray realistic events?
11. How do you think parents influence a young person's choice to start misusing drugs?
12. How important is it for parents to monitor the use of prescription drugs for their kids?
  - How important is it for their child to understand the dangers of misusing prescription drugs?
  - How can prescription drugs lead to other, more dangerous substances?
13. If either yourself or a friend is in trouble and your/their parents are not supportive, who could you reach out to for help?
14. What is more important, your friends trust or you friends safety?
15. Who offered Paul hope?
16. What other messages in the movie are important and why?